



Breakfast Menu

FORK

FORK Breakfast Buffet

(Price is Included in Resident's rate if breakfast is included on package)

Nox Full Irish Breakfast

Free Range Egg, Crispy Bacon, Pork Sausages, Black & White Pudding, Grilled Tomato, Button Mushrooms, Crispy Hash Brown

€12.00

(PN, TN, WH, EG, MK, SP)

Nox Mini Irish Breakfast

Free Range Egg, Crispy Bacon, Pork Sausages, Crispy Hash Brown

€9.00

(PN, TN, WH, EG, MK, SP)

Nox Vegetarian Breakfast

Free Range Egg, Grilled Tomato, Button Mushrooms, Crispy Hash Brown and Baked Beans

€8.00

(PN, TN, WH, EG, MK)

Continental Breakfast

Assortment of Chilled Juices,
Freshly-Baked Breakfast Pastries Breads. Preserves, Fresh Fruit, Selection of Cereals, Nuts, Natural Yoghurt

€7.00

(WH, EG, MK)

Porridge

Slow cooked Milk Porridge

Choose from: Irish Honey, Selection of Nuts, Berry Compote

€4.00

(WH, MK)



FORK Breakfast Cooked to Order

(Price is not Included in Resident's rate if breakfast is included on package)
Cooked to order fresh from Kitchen—may take a few minutes

Poached Free Range Eggs

Crispy Bacon & Tomato Relish, Served on Brown or White Toast

€7.00

(WH,EG,MK)

FORK Omelette

Ham, Cheese, Tomato, Onion, Mushroom

2 Egg €6.00 / 3 Egg €7.00

(EG,MK)

How do you like your eggs in the morning?

Poached, Scrambled, Boiled or Fried Free Range Eggs with Toast/Brown Bread

€6.00

(WH,EG,MK)

Pancakes

2 Pancakes Served with a choice of 2 items from Hot or Cold Buffet

We also have Honey or Maple Syrup

€5.00

(WH,MK)



Dietary Requirements

We are an allergy aware business, however some of our dishes may contain nuts, peanuts, seeds and other allergens.

Peanuts	PN
Tree Nuts	TN
Wheat	WH
Lupin	LP
Sesame	SM
Eggs	EG
Milk	MK
Soya	SY
Fish	FH
Crustaceans	CS
Mustard	MS
Celery	CY
Sulphate	SP
Molluscan	MC

Please speak to a member of staff if you have any queries and we will assist you